

# Amherst Fire District Procedure

## **Nasopharyngeal Airway**

### **Clinical Indications:**

• Patient not able to secure their own airway and you are unable to secure an oral airway. Patient may be conscious or unconscious.

#### **Clinical Contraindications:**

- Obvious head trauma. (Risk of inserting the airway into the cranium)
- Active nasal bleeds.
- Nasal fractures.
- Suspected basilar skull fractures.

#### **Procedure:**

- 1. Measure nasal airway from the ear lobe to the tip of the nose.
- 2. Ensure that the airway is just smaller than the patient's larger nostril. (or similar diameter to pinky finger)
- 3. Lubricate the tip of the airway.
- 4. Insert the airway with the bevel towards the septum. (If resistance is felt, do not force the airway.)

## **Certification Requirements:**

• Successfully complete an annual skill evaluation inclusive of the indications, contraindications, technique, and possible complications of the procedure.